

COUNTERING THE EFFECTS OF COVID-19 ON CHILDREN'S MENTAL HEALTH-

UNIVERSAL SCREENING AND THE USE OF DATA

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AGENDA



- Background & McDougal's Story
- Common behavioral health difficulties and COVID 19
- Screening and progress
 monitoring: Choosing measures
- The use of data for effective MTSS Implementation
- MTSS Results: School implementations and student outcomes

Background & Rationale

PREVALENCE & PROGRESSION:

EMOTIONAL AND BEHAVIORAL DISORDERS

- About 20% of children present themselves with diagnosable disorders (i.e., U.S. Department of Health and Human Services, 1999)
- 3-6% of children with serious and chronic behavioral disorders (*Kauffman*, 1997)
- Progression of disorders is very predictable
 - Externalizing behaviors (severe tantrums, aggression, defiance)
 - Internalizing difficulties (anxiety, depression, suicide)

McDougal's Story

• Finally Its
time to get
serious about
students'
Emotional &
Behavioral
Health



A Mile Wide and A Mile Deep: Comprehensive Interventions for Children and Youth with Emotional and Behavioral Disorders and Their Families

Kevin P. Quinn and James L. McDougal University at Albany, State University of New York

Evidence indicates the onset of serious behavioral problems predicts profound, widespread, and persistent problems across virtually every facet of development (e.g., educational, familial,



Every Student Succeeds Act

ESSA Emphasizes children's mental health in the schoolstitle 1 funds for MTSS, funds for safe/health schools

So, which is it? Are we unable or unwilling to affect substantially the course and prognosis of children and youth identified as having emotional and behavioral disorders (EBD)? Their current status within our schools and communities as well as the status of the services made available to them suggest it must be one or the other or, perhaps, a combination of both.

McDougal's past ramblings

Implicit within a perspective of positive psychology is the assumption that environments can be promoted to foster individual strengths through a preventative focus and the development of positive institutions. Given that the development of positive institutions has direct implications

E ALL

Psychology in the Schools, Vol. 41(1), 2004 Published online in Wiley InterScience (www.interscience.wiley.com). © 2004 Wiley Periodicals, Inc. DOI: 10.1002/pits.10142

POSITIVE PSYCHOLOGY GOES TO SCHOOL: ARE WE THERE YET?

SHEILA M. CLONAN

Syracuse University

SANDRA M. CHAFOULEAS

University of Connecticut

JAMES L. McDOUGAL

State University of New York at Oswego

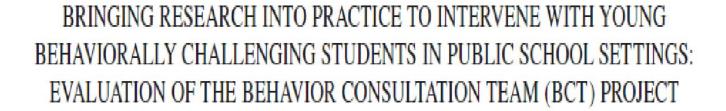
T. CHRIS RILEY-TILLMAN

4/5/2021

McDougal's ramblings....

Psychology in the Schools, Vol. 42(5), 2005
Published online in Wiley InterScience (www.interscience.wiley.com).

© 2005 Wiley Periodicals, Inc. DOI: 10.1002/pits.20090



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Syracuse City School District/State University of New York at Oswego

BONNIE K. NASTASI

Institute for Community Research, Hartford, CT

SANDRA M. CHAFOULEAS



- Increasingly schools across the nation are encountering behaviorally challenging students entering primary grade classrooms.
- The BCT utilizing (1) an intervention team approach, (2) behavioral consultation/ functional behavioral assessment, (3) positive behavioral interventions, (4) frequent progress monitoring, and (5) program evaluation.
- Results indicated resolution of the referral problem achieved in 75% of the completed cases, and that successful and unsuccessful cases

Yada, Yada...

Psychology in the Schools, Vol. 44(1), 2007
Published online in Wiley InterScience (www.interscience.wiley.com).

© 2007 Wiley Periodicals, Inc. DOI: 10.1002/pits.20200

PROMOTING BEHAVIORAL COMPETENCE: AN INTRODUCTION TO THE PRACTITIONER'S EDITION

DAVID N. MILLER

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Northeastern University

SANDRA M. CHAFOULEAS

University of Connecticut

T. CHRIS RILEY-TILLMAN

East Carolina University



The widely discussed gap between research and practice has been a continuing problem in the fields of school psychology and education. In particular, the extent to which information gener-

Key Idea Data makes to difference Here's how?

Psychology in the Schools, Vol. 39(2), 2002 © 2002 Wiley Periodicals, Inc.

GOOD, BAD, OR IN-BETWEEN: HOW D
BEHAVIOR REPORT CARD I

SANDRA M. CHAFOULEAS

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Syracuse Cit

Psychology in the Schools, Vol. 42(6), 2005 Published online in Wiley InterScience (www.interscience.wiley.com). © 2005 Wiley DOI: 10.

WHAT DO DAILY BEHAVIOR REPORT CARDS (DBRCs) MEASURE?
AN INITIAL COMPARISON OF DBRCs WITH DIRECT
OBSERVATION FOR OFF-TASK BEHAVIO*

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CARLOS J. PANAHON AND ALEXANDRA M. HILT Syracuse University

VOLUME 4 • ISSUE 2 • PAGES 1-14 • Summer 2010

Development of a Change-Sensitive Outcome Measure for Children Receiving Counseling

Scott T. Meier
University at Buffalo
James L. McDougal
State University of New York at Oswego
Achilles Bardos



or Intervention ring Assessment System

Psychology in the Schools, Vol. 44(1), 2007 Published online in Wiley InterScience (www.interscience.wiley.com).

inited clinic in Whey Intersective (WWW.intersective.Whey.com).

USE OF OFFICE DISCIPLINE REFERRALS IN SCHOOL-W A PRACTICAL EXAMPLE

SHEILA M. CLONAN

Colgate University

JAMES L. MCDOUGAL AND KARRIE CLAR

Oswego State University

SIGRID DAVISON

The Use of Change-Sensitive Measures to Assess School-Based Therapeutic Interventions:

Linking Theory to Practice at the Tertiary Level

Amanda L. Lannie

Devereux Center for Effective Schools

Robin S. Codding

University of Massachusetts, Boston

James L. McDougal

State University of New York at Oswego

Scott Meier

Dougal, Psy.D., Bardos, Ph.D., & er, Ph.D.

LMANUAL









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Volume 23 Number

December 2008 148-16

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http://cisp.sagepub.co

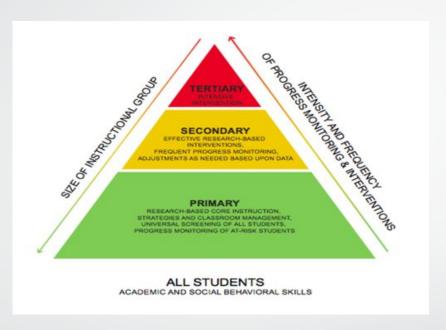
http://online.sagepub.co

The evolution prevention, public health model, 3 tiered models of support

MUlti Tiered

Multi Tiered

Systems of Support



R7

PB/S

Positive Behavioral
Interventions and
Supports

- Data is the foundation for all
- Effective= prevention, early Id & intervention, PM toward desired outcomes

ISF Interconnected Systems Framework

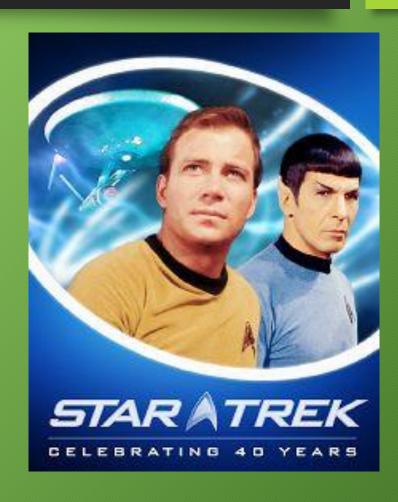
Problematic Territories we have settled with Prevention

Prevalence in Children & Youth

- Visual impairment 6%
- Hearing loss (40 or more decibel) under 1%
- Speech sound disorders- young children 8- 9%

Effective School Approaches

- Screening for sensory and speech difficulties, begins in Pre K-K
- Accommodations for vision/hearing
- Early and intense treatment S/L



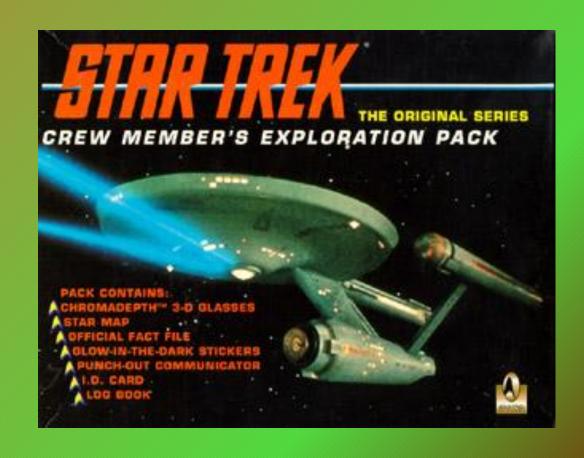
Problematic Territories we are exploring with Prevention

Prevalence in Children & Youth

- Reading delays 20-25%,
- Dyslexia 5-17%

Effective School Approaches

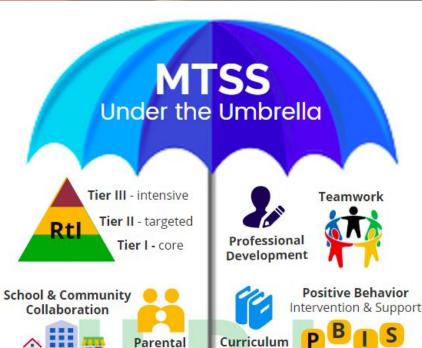
- Screening for Pre-Literacy and Early Skills
- Tiered model: vary intervention intensity based on need.
- Use of data: UA, PM, Evaluation



The Final Frontier- endeavor to persevere







Parental





What Kids have been telling us for decades

Youth Risk Behavior Surveillance System (YRBSS) conducted by the CDC

- The YRBSS is a national survey, conducted by CDC, provides data representative of 9th through 12th grade students in public and private schools in the United States
- developed in 1990 to monitor health behaviors that contribute markedly to the leading causes of death, disability, and social problems

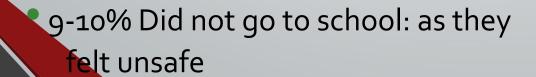
- surveys are conducted every two years, usually during the spring semester
- From 1991 through 2019, the YRBSS has collected data from more than 4.9 million high school students in more than 2.100 separate surveys
- Available at: <u>https://www.cdc.gov/healthyyouth/data/yrbs/overview.htm</u>

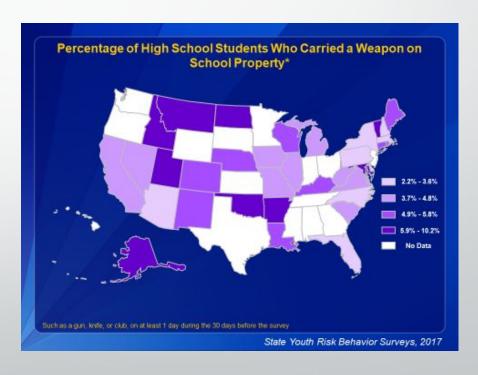
2019 Youth Risk Behavior Survey: SURVEY SAYS.....

Externalizing related outcomes

Within the last 12 months.....

- 6% carried a gun
- 7.4% were threatened or injured with a weapon in school
- 21-22% were in a physical fight
- 20% were bullied on school property





9/28/2018

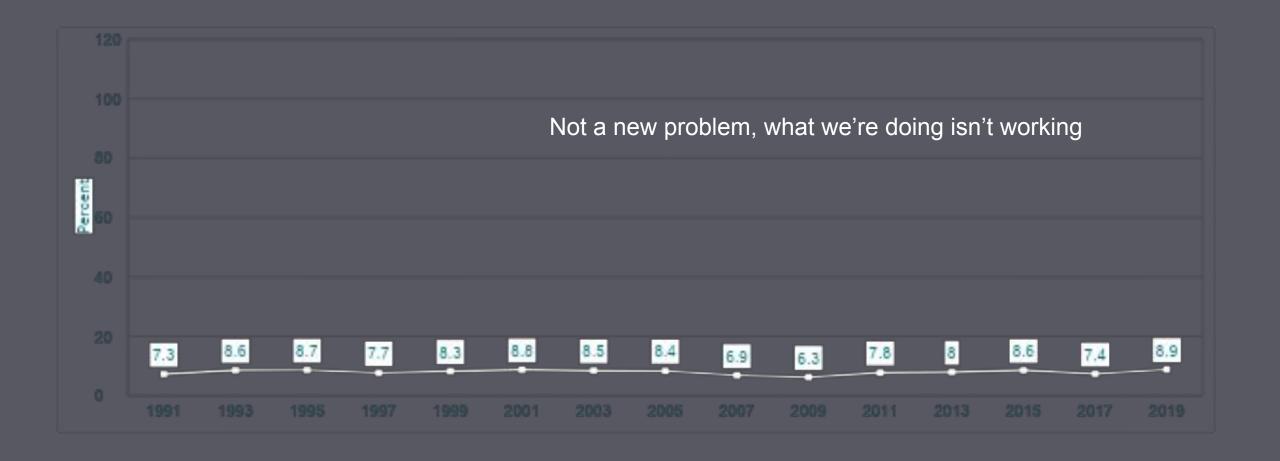
2019 Youth Risk Behavior Survey: SURVEY also says.....

Internalizing related outcomes within the last 12 months

- 36.7% report persistent feelings of hopelessness (up 5%)
- 18.6 % seriously considered suicide (up 2.5%)
- 15.7% developed a suicide plan (up 2%)
- 8.9% had attempted suicide (up 2%)
- 3.5% attempt, resulting injury, requiring DR./ ER (up .10%)



Percentage of High School Students Who Attempted Suicide,* 1991-2019[†]



Suicide

- Nearly 30,000 Americans commit suicide every year.
- Suicide is the 3rd leading cause of death for 15 to 24-year-olds and 2nd for 24 to 35-year-olds.
- On average, 1 person commits suicide every 16.2 minutes.
- Each suicide intimately affects at least 6 other people.



Internalizing/affect problems Negative Long Term Outcomes

- Negative affect can significantly diminish social functioning, student well being, grades, attendance, and later life outcomes (employment, relationships)
- Difficulties include anxiety, depression, compulsive/negative thoughts
- This can lead to the ultimate tragedy

- Students with internalizing difficulties are generally under identified and not referred for support
- Teacher referral and/or nomination procedures still under identify.
- Universal screening procedures dramatically improve identification rates to intervene with students who are suffering.

COVID 19 and Children's Mental Healthwhat are we seeing?

- We are already seeing the overwhelming impact the pandemic is having on children
- Nationwide, emergency rooms have seen a 24-percent increase in mental health-related visits among children ages 5 to 11.
- The increase among older kids is even higher at 31-percent.
- In Las Vegas <u>surge in student suicides</u> pushed the Clark County School District to <u>resume in-person</u> <u>learning</u>. In all, 18 children took their own lives during the nine months of school closures

- Longtime pediatrician Dr. Dracker says he has never witnessed so many children suffering from anxiety and depression with some cutting themselves or even trying to take their own lives.
- he has seen five to ten children admitted to the hospital each week.
- "It is absolutely horrible. 50-percent of my schedule every day is dealing with mental health issues of some sort," Dr. Dracker said. "I've never spent more time with kids who are having psychological issues.

Source: School suffering: The COVID crisis in children, a special NBC3 newscast, Megan Coleman, Monday, February 22nd 2021

https://cnycentral.com/news/local/school-suffering-the-covid-crisis-in-children

COVID -19: Effects on Children's Mental Health-The summary = NOT GOOD

Psychlatry Research 290 (2020) 113143

Contents lists available at ScienceDirect

Psychiatry Research

We need longitudinal mental health research with children and youth during (and after) the

International Journal of Disaster Risk Reduction

Journal of the Korean Academy of **Child and Adolescent Psychiatry** 소약청소년정신의학



PMCID: PMC7289477 PMID: 32595345

Coronavirus Disease 2019, School Closures, and Children's Mental

Health Geon Ho Bahn

DeM Lixeq

SCIE!

COVID-19 is an emerging, rapidly evolving situation.

Public health information (CDC) | Research information (NIH) | SARS-CoV-2 data (NCSI) | Preventi

Journal List > HHWR Horts Mortal With Rep > v69(45): 2020 Nov 13 > PMC7650659



MMWR Morb Mortal Widy Rep. 2020 Nov 13; 69(45): 1675-1680 Published online 2020 Nov 13, doi: 10.15585/mmwr.mm6945a3.

Mental Health-Related Emergency Department Visits Amo Aged <18 Years During the COVID-19 Pandemic — United : January 1-October 17, 2020

Rebecca T, Leeb, PhD. 21 Rebecca H, Bitsko, PhD. 1 Lakshmi Radhakrishnan, MPH. 2 Pedro Martine Rashid Niai, PhD,4 and Kristin M, Holland, PhDS

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COVID-19 is an emerging, rapidly evolving situation.

Public health information (CDC) | Research information (NHI) | SARS-CoV-2 data (NCBI) | Prevention and treatment in

Journal List. > Psychiatry Investig. > x:17(6); 2020 Jun. > PMC7324731



Psychiatry Investig, 2020 Jun; 17(6): 491-505. Published online 2020 Jun 15. doi: 10.30773/pi.2020.0161 PMCID: PMC7324731 PMID: 32570296

Mental Health Effects of COVID-19 Pandemia: A Review of Clinical and Psychological Traits

Konstantinos Kontoangelos, 1,2 Marina Economou, 1,2 and Charalambos Papageorgiou 1,2

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bora Marques de Miranda ^a Bruno da Silva Athanasio ^b, Ana Cecília Sena Oliveira ^b, Progress in Neuropsychopharmacology & Biological COVID-19 pandemic impact on children and adolescents' mental health: Biological, environmental, and social factors Camila Saggioro de Figueiredo b. 1
Liana Catarina Lima Portugal a. 1, Poliana Capucho Sandre a. 6, 1

Thalita Mazala-de-Oliveira

Aline Araujo dos Santos e.a. Priscilla Oliveira-Silva Bomfim 4.b Luna Portugai Thainta Mazala-de-Onverra Luana de Elizabeth Giestal-de Araujo Thalita Mazala-de-Oliveira a, Luana da Silva Ch

How is COVID-19 pandemic impacting mental health of children

tter to the Editor

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Implications

National CDC youth risk Survey (2017) results indicate within the last 12 months;

- 37% of students felt hopeless
- 19% seriously considered suicide
- 16% developed a plan
- 9% attempted suicide- in a high school of 1000 students that's 90 KIDS!

Why is this concerning?

- Traditional methods under-identify students at risk for/suffering from internalizing problems
- Suicide is the 3rd leading cause of death for adolescents
- Each suicide increases risk for others
- Universal screening is time consuming but compared to a suicide response- not so much.

The Item 24 debacle-what we've learned

DONATE



'It's OK to not be OK:' How one high school saved lives with a 34-question survey

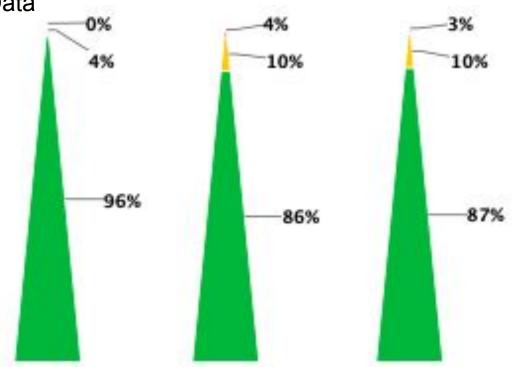
rooms around the building, the school's ninth-graders whizzed through an nental health survey that would soon deliver real-time data to the group in the nce room. They were a triage team of sorts — particularly interested in the to question 24, which asked how often students had had thoughts of hurting ves within the past week.

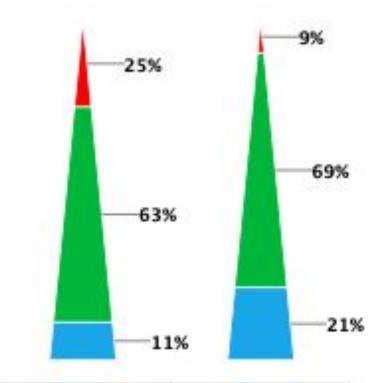
The overarching message to students, said Jamie Murray, a district psychologist who helped coordinate the effort, was "It's OK to not be OK."

Their data and what we learned



Teacher Screening Data Fall 2018

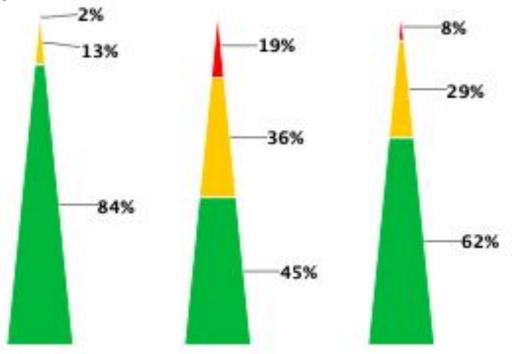


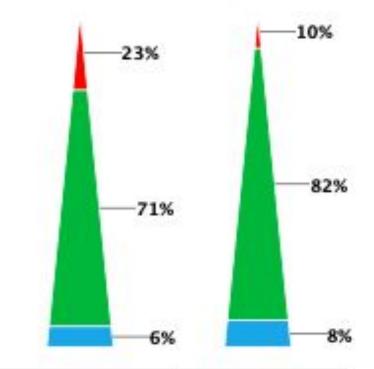


Levels Of Risk	Conduct	Negative Affect	Cognitive/ Attention	Levels Of Functioning	Social	Academic Functioning
High Risk	3 (0%)	42 (4%)	33 (3%)	Concern	252 (25%)	94 (9%)
Some Risk	37 (4%)	100 (10%)	99 (10%)	Typical	630 (63%)	687 (69%)
Low Risk	953 (96%)	851 (86%)	861 (87%)	Strength	111 (11%)	212 (21%)
Total	993 (100%)	993 (100%)	993 (100%)	Total	993 (100%)	993 (100%)

Student Screening Data Fall 2018

What do you notice?





Levels Of Risk	Conduct	Negative Affect	Cognitive/ Attention	Levels Of Functioning	Social	Academic Functioning
High Risk	20 (2%)	162 (19%)	68 (8%)	Concern	187 (23%)	82 (10%)
Some Risk	109 (13%)	299 (36%)	244 (29%)	Typical	592 (71%)	681 (82%)
Low Risk	702 (84%)	370 (45%)	519 (62%)	Strength	52 (6%)	68 (8%)
Total	831 (100%)	831 (100%)	831 (100%)	Total	831 (100%)	831 (100%)

What we learned?

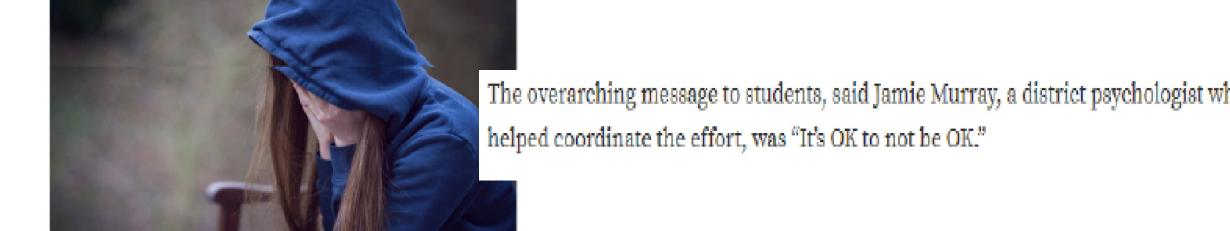


Education nevo. In contest:

'It's OK to not be OK:' How one high school saved

lives with a 34-question survey

• First the Importance of including student ratings at the secondary level.





Lesson 1: Teacher Ratings Compared to Student Self-Ratings



Student Ratings

Fall 18 data

Teacher Not High Risk Risk Total	
----------------------------------	--

High Risk	Not High Risk	Total
50	12	(62)
98	672	770
148	684	832

Lesson 1: Teacher Ratings Compared to Student Self-Ratings



Fall 18 data

Teacher ratings

High Risk Not High Risk Total Student Ratings

High Risk	Not High Risk	Total
50	12	62
98	672	770
148	684	832

First a Cautionary tale: Teacher Ratings Compared to Student Self-Ratings



Student Ratings

Fall 18 data

Teacher ratings

High Risk Not High Risk Total

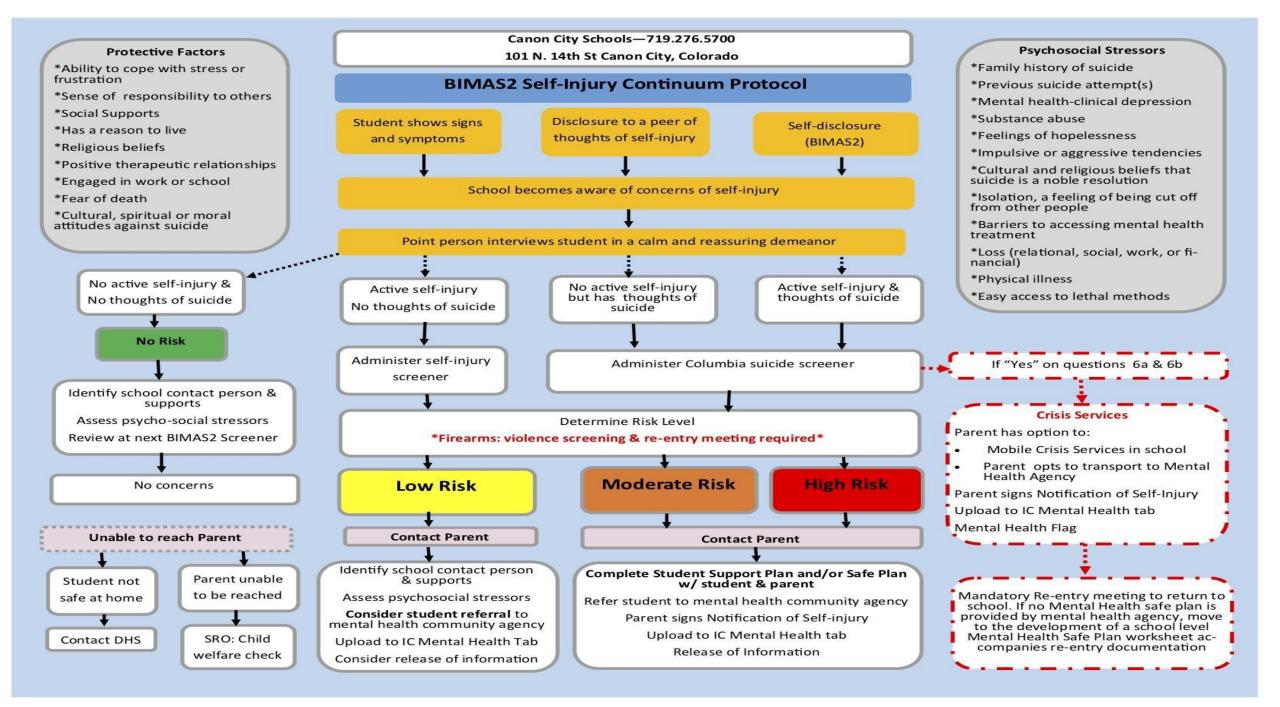
	Not High Risk	Total
50 98	12 672	62
148	684	770 832

Sensitivity = 0.34 That is the proportion of students who self identified as high risk and were also identified as high risk by a teacher.

WHAT DID THEY DO?

- Intervening with high-risk students
- Increased school-based counseling services from community agencies
- Standardized referral process for counseling supports with a tracking system
- Training in nonsuicidal self-injury
- Updated Suicide protocols

- SHP-SEL Curriculum Delivery
- Assessing the need for a suicide prevention program
- MTSS/PLC meetings
- Psychoeducational groups on stress management, anxiety strategies, healthy relationships, coping mechanisms, mindfulness, etc.
- Mental Health School Campaign



CCHS Behavioral Health Supports

Intensive

Threat Assessments/ Suicide Assessments

Pre and Post Assessments School-Based Mental Health Supports

CBT, Anger Management Social History Interview

Goal Setting-- Progress Monitoring

Targeted

CARE

IEP's and 504 Plans

Wrap Around Supports

Court Appointed Services Community Based Services Choice Points/ Cross Roads

1:1/Small Group Counseling

BIP

Student Conduct Plan

Student Behavior Contract

Motivational Interviewing

Check in, Check out

Counseling

Small Group Intervention IEP & 504 Plans

Educational plan (APAS) Alternative Learning Environment (TOP)

Administrative Conference

Wrap Around Supports Progress Monitoring

Reality-Choice Therapy

Mean Girls

7 Habits of Highly Effective Teens

Mindfulness Why Try

Anger Replacement (PEACE)

Universal

SEL Curriculum Mental Health First Aid

Trauma Informed Care

Proactive Behavior Modeling

Task Force Professional Development

Sensory Opportunities Student Work Sessions

Physical Outlets

Restorative Justice Discipline

Choices in Learning/Pathways

Alternative to Suspension

Tiger Link Crew

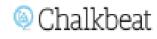
1:1 Technology

Flexible Academic Routines

SEL Universal Screener

Random Acts of Kindness, Biotin Life Skills, 3R's

How did it work?



DONATE

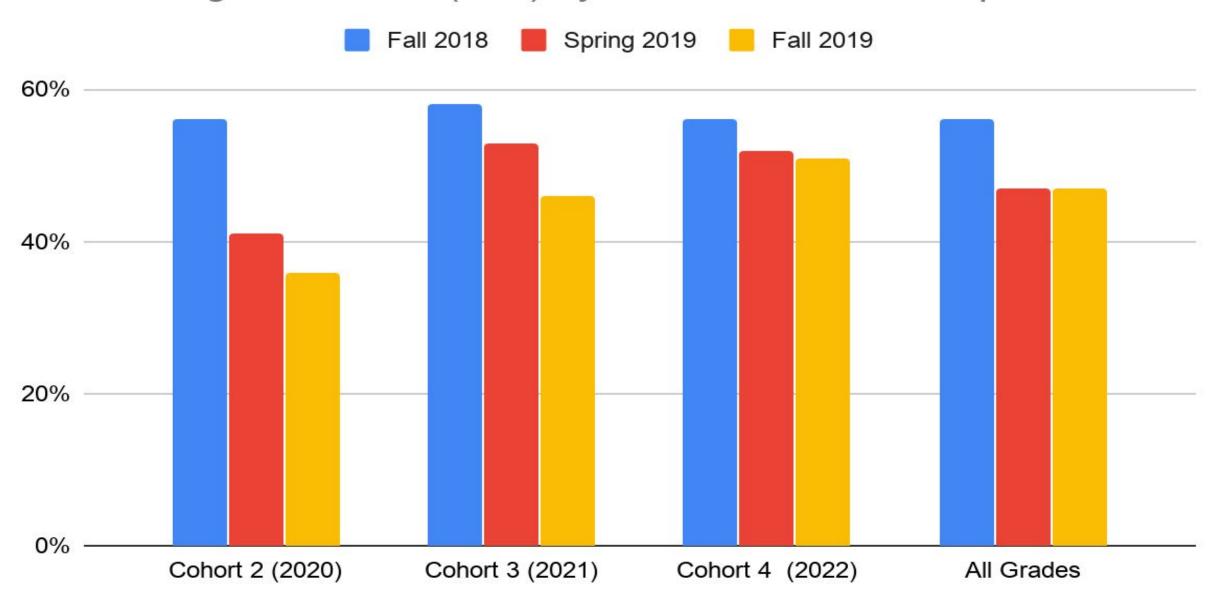
'It's OK to not be OK:' How one high school saved lives with a 34-question survey

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The overarching message to students, said Jamie Murray, a district psychologist who helped coordinate the effort, was "It's OK to not be OK."

Their data and what we learned

CCHS Negative Affect (60+) by Cohort - Student Report



Student Self-Reports of High Risk

Negative Affect T score 70+ and/or item 24 at 3 or 4 (often/ very often)

(Fall	2018

	Spring 2019	
	Not Hi	gh
	High Risk Risk	Total
High Risk	52	119 (171)
Not High Risk	46	615 661
Total	98	734 832

Chrina 2010

Student Self-Reports of High Risk from F 2018 to Sp2019

Negative Affect T score 70+ and/or item 24 at 3 or 4 (often/ very often)

		Spring 2019 Not High			
		High Risk Risk		otal	
Fall 2018	High Risk	52	119	171	
	Not High Risk	46	615	661	
	Total	98	734	832	

Student Self-Reports of High Risk from F 2018 to Sp2019

Negative Affect T score 70+ and/or item 24 at 3 or 4 (often/ very often)

		Spring 2	019 t High	
		High Risk Ris	sk T	otal
Fall 2018	High Risk	52	(119)	171
	Not High Risk	46	615	661
	Total	98	734	832

There were 171 students who self-identified as high risk in the fall. Of those 119 did not identify by the spring, a 70% reduction.

Summary: Common Behavioral Health Concerns

Externalizing

- Irritable, ODD, BD, CD, ASPD
- Comorbid/ Co-occurring ADHD, LD, thought disorders, and learning problems
- Also significant number with internalizing problems

Internalizing

- Anxiety, OCD and Depressive disorders all have an increased risk for suicide...
- Comorbid with social, learning, and adaptive problems.

Cognitive/ Attention

also related to problems in learning, conduct, and social skills

Change....



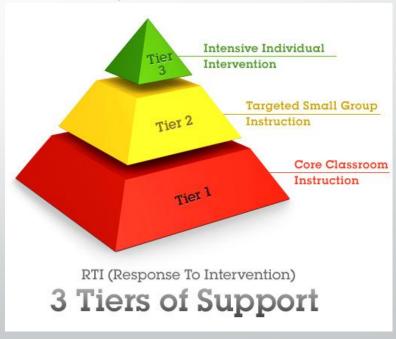
But what do we do?

Shift our Approach RTC RTI

Reacting to Crisis (RTC)



Response to Intervention (RTI)



School Teachers Can Improve Students' Mental Health, Study Finds

- examined 43 studies that evaluated nearly 50,000 students who had received school-based mental health services
- Mental health interventions that were integrated into the regular curriculum were the most effective.

The Effectiveness of School-Based Mental Health Services for Elementary-Aged Children: A Meta-Analysis

Amanda L. Sanchez, MS, Danielle Cornacchio, MS, Bridget Poznanski, BS, Alejandra M. Golik, BA, Tommy Chou, MS, Jonathan S. Comer, PhD

J Am Acad Child Adolesc Psychiatry 2018;57(3):153–165.

Early Identification & Intervention

- Progression of disorders is predictable
- Early identification & intervention with children at risk for emotional behavior disorders appear to be the "most powerful course of action for ameliorating life-long problems associated with children at risk for EBD" (Hester et al., 2004)
- Younger children are more likely to be responsive and maintain positive outcomes from early prevention/ intervention programs (Bailey, Aytch, Odom, Symons, & Wolery 1999)

U.S. Statistics On Mental Health

- About 20% of children present themselves with diagnosable disorders (i.e., U.S. Department of Health and Human Services, 1999).
- 3–6% of children with serious and chronic disorders (Kauffman, 1997).

YET!!!!

- Behavior / Emotional screening occurs in less than 15% of districts across the U.S.
- •Why?

What Are the Barriers

- TIME, MONEY, STAFF
- It requires change...

We must be willing to give up less effective but comfortable practices to learn and embrace uncomfortable but more effective ones.

- UA FEARS
 - Overwhelming ID
 - If we ID we'll have to do something
 - If we ID we'll have to do something
 - Parental Consent confusion

UNIVERSAL SCREENING

for MTSS

The purpose of universal screening is to detect small problems before they become **BIG** problems

vision reading behavior

HOW?

Universal screening in **ACADEMIC** content areas involves students completing various academic tasks

Universal screening for **BEHAVIOR** involves teachers completing rating scales designed to measure how frequently students demonstrate certain behaviors at school

In **BOTH** cases, universal screeners should be:







MTSS UA and PM Measures selection and options

Shortcomings of Traditional Behavior Rating Scales

- Behavior Rating Scales were develop for diagnostic purposesidentifying individuals in different groupings
- Lengthy, Not change sensitive, Impractical for PM
- Behavior monitoring parallels the evolution of CBM within RTI Emphasis on reliable and valid procedures for screening and progress monitoring

 These differences are usually "trait-related" and not likely to evidence short term change

 Most diagnostic scales are time consuming – meet with resistance

Selecting a Universal Screening Measure:

Technical Adequacy Considerations

Norms-utility

 sample populations based on census data, includes clinical and typical samples

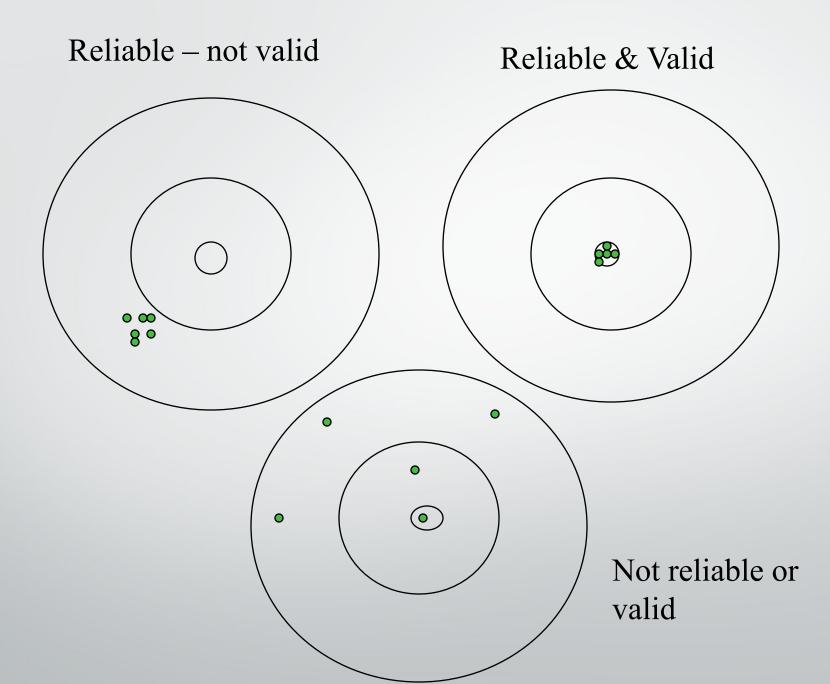
Reliability-accuracy

- internal consistency
- Test retest
- Inter-scorer

- Validity-meaningful, screening ability
 - Content
 - Concurrent
 - Predictive-Screening Accuracy

Reliability: is the test Accurate/ Consistent?

Validity: is the test meaningful?



- Tests can be reliable but not valid
- Yet, unreliable test can never be valid

Psychometric Levels for Screening Measures

<u>Is it accurate</u>

TABLE 5.2 Evaluating Reliability Coefficients					
Very High	> .90				
High	.8089				
Acceptable	.7079				
Moderate/Acceptable	.6069				
Low/Unacceptable	< .59				

Is it meaningful

TABLE 6.3 General Guidelines for Interpreting Validity Coefficients						
Very high >.50						
High	.4049					
Moderate/Acceptable	.2140					
Low/Unacceptable	<.20					

How useful is it for screening purposes

<u>Classification Statistics- Efficiency,</u> <u>Sensitivity, Specificity</u>

- .70 to .74 Moderate/Acceptable
- .75 to .79 Acceptable
- .8 to .89 High
- .9 and up Very high

Screening Classification Stats Commercial Scales

Screener	Rater	Sensitivity	Specificity	Positive Predictive Value	Negative Predictive Value
BESS	Parent	.5382	.9196	.5073	.9297
	Teacher	.5380	.9095	.4777	.9296
	Self	.5266	.9396	-5975	.9195
BIMAS	Parent	.80	.78	.55	.92
	Teacher	.84	.86	.68	.93
	Self	.76	.69	.55	.85
SSIS			Not provided		
SSBD			Not provided		

Good resources for selecting UA screeners

 Source: Jenkins et al., 2014. A critical review of five commonly used social-emotional and behavioral screeners for elementary or secondary schools. Contemporary School Psychology.

- School-Wide Universal Screening for Behavioral and Mental Health Issues: Implementation Guidance
- https://education.ohio.gov/getattachment/Top ics/Other-Resources/School-Safety/Building-B etter-Learning-Environments/PBIS-Resources/ Project-AWARE-Ohio/Project-AWARE-Ohio-St atewide-Resources/Screening-Guidance-Document Final pdf aspx

ment-Final.pdf.aspx

Selecting MTSS Measures: Progress Monitoring

For Progress Monitoring

- Is it sensitive to change? (most diagnostics tests are not)
- Will it reflect student progress/intervention response?
- Easy to administer/ able to be frequently administered?
- Useful across student groups, programs, treatments, & tiers of intervention- will it give school teams useful information?



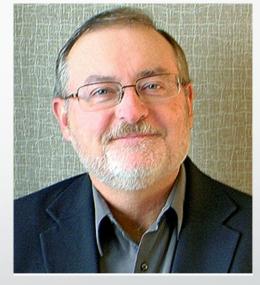
Issues in change sensitivity

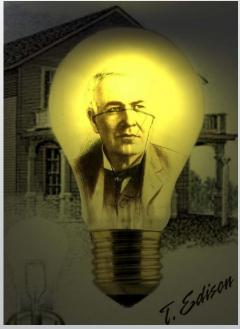
- 1986 comparison of three depression scales and concluded "that rating devices can by themselves produce differences larger than those ordinarily attributed to treatment
- Lambert, et al. 1986

- By 1994, growing evidence to suggest there are reliable differences in the sensitivity of instruments to change.
- In fact, the difference between measures is not trivial, but large enough to raise questions about the interpretation of research studies
- Lambert, 1994

Dr. Scott Meier- The "Edison" of change sensitivity

- Meier (1997, 1998) developed <u>Intervention Item</u>
 <u>Selection Rules (IISRs)</u> designed to identify intervention-sensitive items
- He considered test items as differing along a trait-state continuum, and
- So different test construction procedures are necessary to select items sensitive to results of psychosocial interventions.
- Intervention-sensitive items should change in to response to an intervention and remain stable over time when no intervention is present

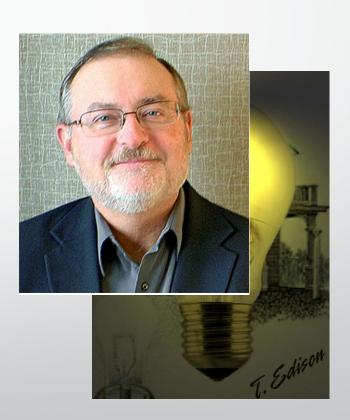






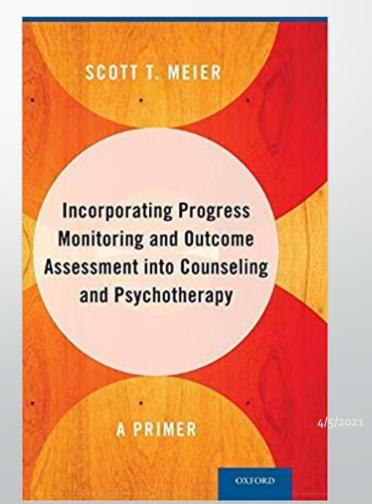
Meier on change sensitivity

- Creating change sensitive measures
- Intervention Item Selection Rules
- Now you get the "Edison" thing



Meier: Progress Monitoring and Outcome Assessment

- Examine student performance frequently, over time, to evaluate response to instruction and intervention (Rtl2).
- Produces clinical data for feedback about client progress during intervention
- Also used for outcome assessment, produces data about the amount and type of change from the start to the end of therapy (Meier, 2014).



Feedback Improves Outcomes

 When used appropriately, the primary benefit of PM measures is the feedback they provide about clinical progress

 More specifically, research has documented that PM measures can identify child and adolescent clients who are failing to improve or worsening, allowing <u>clinicians to reconsider</u> the provided interventions in the light of possible treatment failure

MTSS Measures: Important Considerations

Important Questions:

- Does the measure assess strengths and risk?
- Can it inform intervention design (consider the scales included)?
- Is it useful for Screening and Progress
 Monitoring (consider how the test was developed-traditional vs. change sensitive)?
- Is it useful for evaluation- can it be used to assess interventions in tiers 1-3, across ages, settings, raters, and programs?
- Most importantly- is it technically adequate for UA and PM? See Psychometric Slide earlier.



INTRODUCING THE



By James L. McDougal, Psy. D., Achilles N. Bardos, Ph.D., & Scott T. Meier, Ph.D.

Three authors coming together from three different perspectives

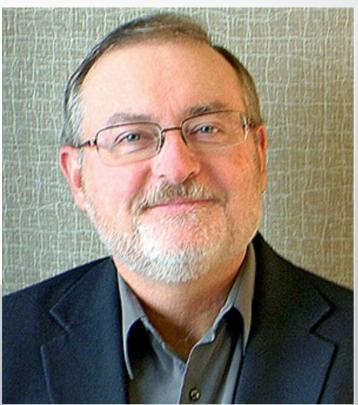


James L. McDougal



Achilles N. Bardos

Scott T. Meier



What is the BIMAS?

A brief behavior rating scale designed for :

Screening

- detect students in need of further assessment
- identify areas of behavior concerns and adaptive skills

Progress Monitoring

- System-wide interventions (Tier I- PBIS; SEL)
- Small groups interventions (Tier II)
- Interventions for individuals (Tier III)

Program Evaluation

 Assess what programs work best and with what groups of students.

A multi-informant web-based delivered assessment system

•RATINGS available for:

Parents

•Teacher

*Self (12 -18 yrs old)

Clinician

BIMAS (standard) OVERVIEW



ADAPTIVE SCALES

Conduct

Negative Affect

Cognitive/Attention

Social

Academic Functioning

anger management problems, bullying behaviors, substance abuse, deviance

anxiety, depression

attention, focus, memory, planning, organization social functioning, friendship maintenance, communication academic performance, attendance, ability to follow directions Bimas overview

BIMAS Scales	T-score	Scale Descriptors	
	T = 70+	High Risk	
Behavioral Concern Scales	T = 60-69	Some Risk	
Concern Searcs	<i>T</i> = 60 or less	Low Risk	
	T = 40 or less	Concern	
Adaptive Scales	T = 41-59	Typical	
	T = 60+	Strength	

Large Normative Sample

Total Sample *N* = 4,855

Teacher *N* = 1,938

Parent *N* = 1,938

Self-Report N = 1,050

Normative N = 1,400

Clinical N = 538

Normative N = 1,400

Clinical N = 467

Normative N = 700

Clinical N = 350

THE BIMAS Clinical Samples (N=1,355)

Clinical Diagnoses of the samples rated by teachers, parents and students themselves.

Clinical Group	Tea	cher	Pai	rent	Self		Total
	N	%	N	%	N	%	N
DB	123	22.9	70	15.0	65	18.6	258
ADHD	109	20.3	117	25.1	89	25.4	315
Anxiety	55	10.2	67	14.3	56	16.0	178
Depression	60	11.2	73	15.6	62	17.7	195
PDD	95	17.7	86	18.4	65	18.6	246
LD	45	8.4					45
DD	30	5.6					30
Other	21	3.9	54	11.6	13	3.7	88
Total	538	100.0	467	100.0	350	100.0	1355

Race/Ethnicity Distribution

Highly comparable to the most recent U.S. Census

Form			Asian	African American	Hispanic	White	Other	Total
Teacher	Total	N	55	218	203	836	50	1361
		%	4.0	16.0	14.9	61.4	3.7	
	Census	%	3.8	15.7	15.1	61.9	3.5	
	Difference	%	0.22	0.29	- 0.22	-0.47	0.18	
Parent	Total	N	30	214	207	873	75	1400
		%	2.2	15.3	14.8	62.4	5.4	
	Census	%	3.8	15.7	15.1	61.9	3.5	
	Difference	%	- 1.65	- 0.39	- 0.33	0.47	1.89	
Self-Report	Total	N	28	110	107	433	25	703
		%	4.0	15.6	15.2	61.6	3.5	
	Census	%	3.8	15.7	15.1	61.9	3.5	
	Difference	%	0.23	- 0.07	0.09	- 0.29	0.03	

Cronbach's Alpha: scale reliability

or consistency- how closely related a set of items are as a group

BIMAS Rating Form	Behavio	ral Conce	rn Scales	Adaptive Scales		
	Conduct	Affect Cognitive/ Affect Attention		Social	Academic Functioning	
Parent	.87	.82	.90	.84	.77	
Teacher	.91	.85	.91	.85	.81	
Self-Report	.88	.85	.87	.83	.75	

Determining Validity: Screening tools

how well does it assess level of student concern?

• Cohen's d (effect size). Difference in scores between clinical and typical populations

Classification Statistics

- Sensitivity
- Specificity
- Correct classification rate/efficiency

need all 3

The Teachers as screening agents

BIMAS–T scores for Clinical sample

BIMAS-T Standard Scales	Clinic	Cohen's d		
Divirio i Standard Scares	N	M	SD	Conen s u
Conduct	516	63.5	10.9	1.3
Negative Affect	537	66.4	10.4	1.6
Cognitive/Attention	538	66.6	9.8	1.7
Social	538	35.6	10.3	-1.4
Academic Functioning	538	40.2	9.8	-1.0

Note. Clinical Ms (SDs) compared to values from the normative sample (N = 1,361, M = 50, SD = 10).

Cohen's d values of |0.2| = small effect, |0.5| = medium effect, and |0.8| = large effect.

Classification Accuracy of BIMAS—Teacher Scales

Classification Accuracy Statistic	Full Range of Scores	Cut-Scores
Overall Correct Classification	85.2%	82.5%
Sensitivity	83.5%	80.1%
Specificity	85.8%	83.4%
Positive Predictive Power	68.4%	64.9%
Negative Predictive Power	93.4%	91.6%

The Parents as screening agents

BIMAS–P Clinical vs. Non-Clinical samples

BIMAS-P Standard Scales	Clinic	Cohen's d		
Divirio i Standard Scales	N	M	SD	Conen s u
Conduct	467	60.3	10.5	1.0
Negative Affect	467	61.5	10.3	1.1
Cognitive/Attention	467	60.7	9.9	1.1
Social	467	38.4	9.9	-1.2
Academic Functioning	467	40.4	7.9	-1.0

Note. Clinical Ms (SDs) compared to values from the normative sample (N = 1,400, M = 50, SD = 10). Cohen's d values of |0.2| = small effect, |0.5| = medium effect, and |0.8| = large effect.

Classification Accuracy of BIMAS—Parent Scales

Classification Accuracy Statistic	Full Range of Scores	Cut-Scores
Overall Correct Classification	78.3%	78.6%
Sensitivity	80.1%	73.4%
Specificity	77.7%	80.3%
Positive Predictive Power	54.6%	55.4%
Negative Predictive Power	92.1%	90.1%

The Students as screening agents

BIMAS–Self ratings Clinical vs. Non-Clinical

BIMAS-P Standard Scales	Clinic	Cohen's d		
Divirio i Standard Scares	N	M	SD	Conen s u
Conduct	350	57.3	9.7	0.7
Negative Affect	350	59.2	9.7	0.9
Cognitive/Attention	350	57.3	8.2	0.8
Social	350	41.4	9.7	-0.9
Academic Functioning	350	42.3	8.3	-0.8

Note. Clinical Ms (SDs) compared to values from the normative sample (N = 703, M = 50, SD = 10).

Cohen's d values of |0.2| = small effect, |0.5| = medium effect, and |0.8| = large effect.

Classification Accuracy of BIMAS–Self-Report Scales

Classification Accuracy Statistic	Full Range of Scores	Cut-Scores
Overall Correct Classification	71.5%	71.8%
Sensitivity	76.3%	67.1%
Specificity	69.1%	74.1%
Positive Predictive Power	55.3%	56.5%
Negative Predictive Power	85.3%	81.9%

BIMAS-2 Flex Assessments

- 1-3 item scales that can be administered more frequently
- Similar to TBRC, DBR, IEP or treatment goal
- Can be student centered or based on the goals of intervention

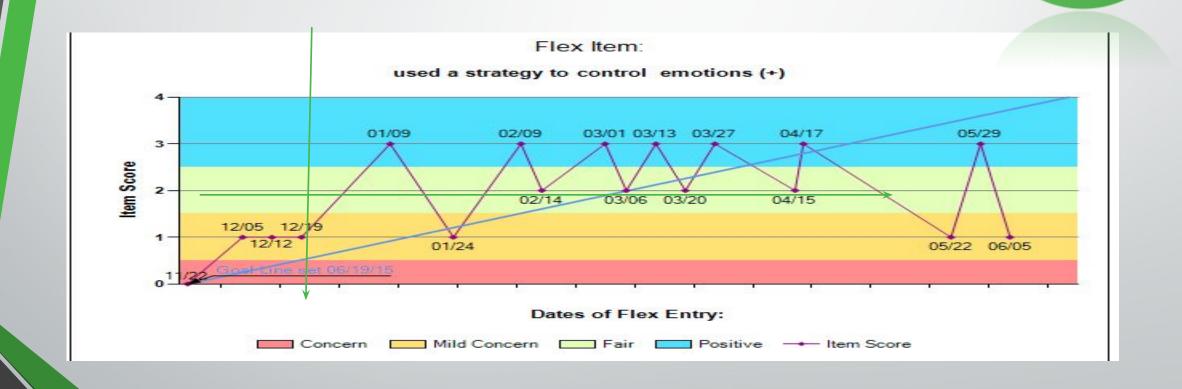


BIMAS Flex features

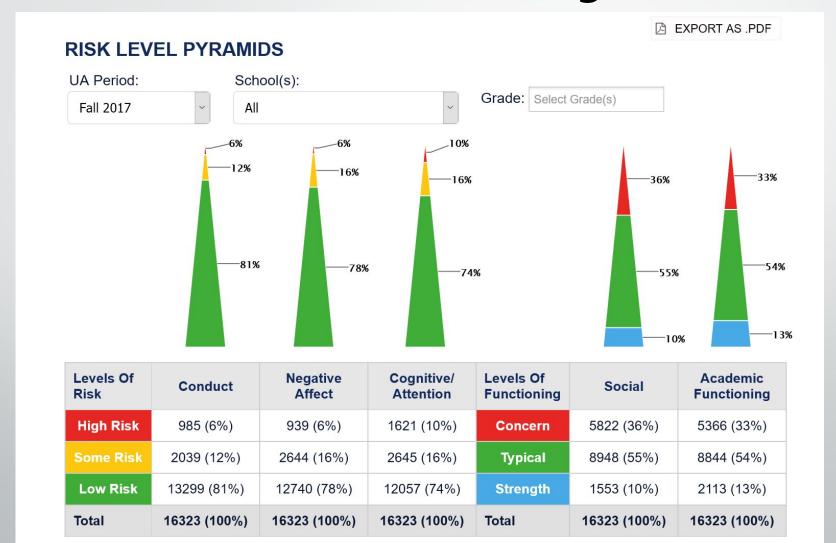
- <u>List of specific behavioral items</u> corresponding to each Standard item for progress monitoring
- provide frequent narrow band assessments that can be validated with the Standard
- <u>User can select items</u> based on elevated Standard scale score for an individual student
 - customized treatment goals
- Ability to <u>make notes</u> to describe specific behaviors, response to services, or to add other comments
- Teacher, Parent, Self and Clinician forms

Individual Progress Monitoring Case Study

11/14 = 78% moderately effective



Use of data: Identify areas of need, inform intervention design



Use of data: Identify students in need of extra support

CLASS/GROUP STUDENT SCORES Teachers: **UA Period:** School: Grade: Summer 2016 Parkview Middle School All Any **Negative** Cognitive/ Academic **Student Name MTSS** Conduct Social Attention **Functioning** Affect Friesen, Lorena Crist, Otho Maggio, Favian Trantow, Korey Anderson, Merritt Howell, Ciara Barton, Maeve Swift, Paolo Kuhic, Susan McDermott, Magnolia Torphy, Hank

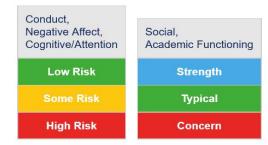
Use of data for individual students: review areas of need

REPORTS » TRANTOW, KOREY

ITEM SCORE LEGEND

- 0 = Never (Observed 0 times)
- 1 = Rarely (Observed 1-2 times or to a minimum extent)
- **2 = Sometimes** (Observed 3-4 times or to a moderate extent)
- **3 = Often** (Observed 5-6 times or to a significant extent)
- **4 = Very Often** (Observed 7 or more times or to an extreme extent)

UA T-SCORE LEGEND



SUMMER 2016 UA RESULTS, RATER: MARY SIMMONS

	BEHAVIORAL CONCERN SCALES					
	CONDUCT					
T-	Score	Scale Descriptor				
s	76	High Risk				
		Item		Score	Descriptor	
2	2 appeared angry		2	2	Concern	
9	engaged in risk-taking behavior		C)	No Concern	
13	fought with others (verbally, physically, or both)		ally, or both)	1	Mild Concern	
17	7 lied or cheated		1	1	Mild Concern	
21	lost his	her temper when upset	3	3	Concern	

Use of data review Student progress over time

SOCIAL

Joey Jones

Indicators	Overall	Summer 2016 07/01/16	Spring 2016 03/01/16	Winter 2015 12/01/15
Raw Score		16	24	22
T-Score		40	66	57
90% CI		34-46	60-72	51-63
Percentile		16	95	76
Level of Functioning		concern	strength	typical
Significant Change Reliable Change Index (RCI)	Much Worse	Much Worse	Improved	



COMPREHENSIVE BEAVIORAL HEALTH MODEL (CBHM)

Outcomes Illustration

Andria Amador, CAGS, NCSP Senior Director of Behavioral Health Boston Public Schools





COMPREHENSIVE BEHAVIORAL HEALTH MODEL

ANNUAL REPORT | SCHOOL YEAR 2018-19

7BPS Schools

47 serving elementary grades

26 serving middle school grades

20 serving high school grades

"does not total 71 due to grade configurations

31,466

Students Served

Universal Screening Positive Skill Instruction Targeted Supports & Services

For social, emotional 8 behavioral health



31,466

Total Students Served In CBHM Schools 45% First Language other than English

Students Receiving Special Education Services

21%

55% Economically Disadvantaged

74%

High Needs1

29%

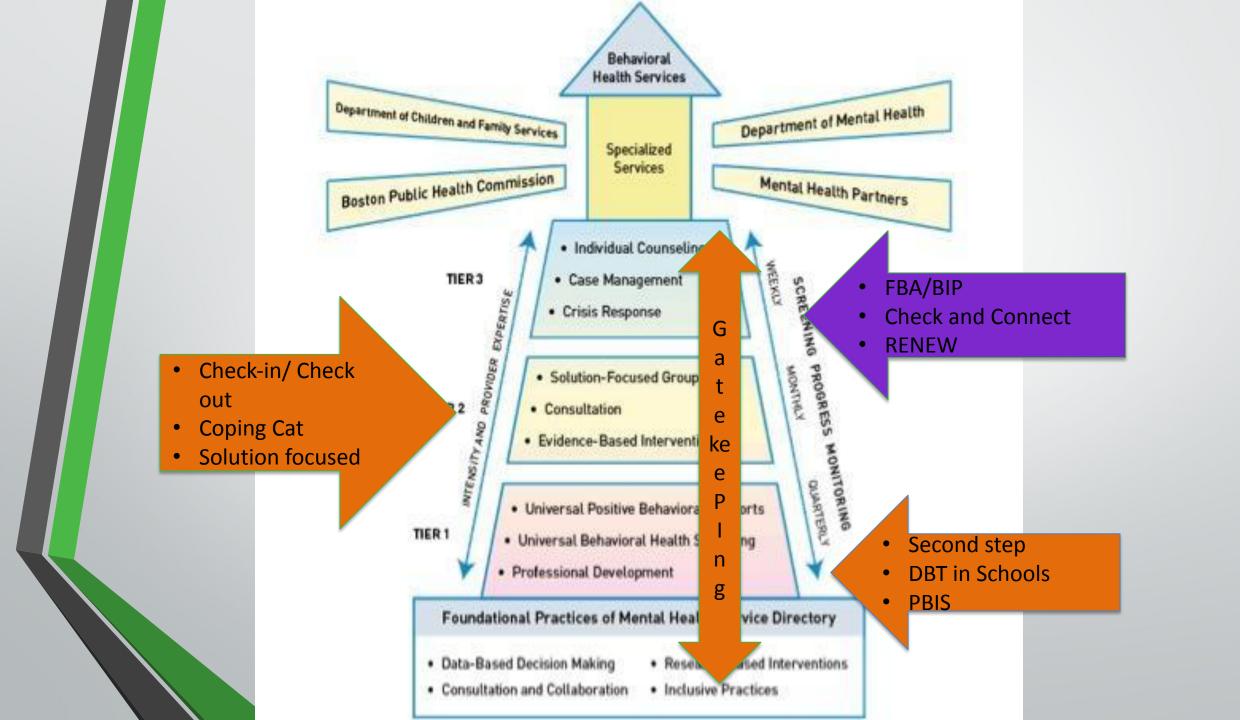
English Language Learners

CBHM Overview: A MTSS-B model

Comprehensive Behavioral Health Model (CBHM) is a multi-tiered system of support designed to provide a continuum of behavioral health services. From prevention and promotion, to at-risk services and intensive services CBHM helps to build the capacity of staff to meet the needs of students.

CBHM at Tier 1

	WHAT	WHY	ном
INSTRUCTION	School Wide Positive Behavioral Interventions and Supports (SWPBIS)	Students need to know behavioral expectations throughout the school building in order to be successful in the school environment	Organize the school environment to prevent problem behaviors and reinforce positive behaviors
	Social Emotional Learning (SEL) Curricula	Students need social and emotional skills to successfully navigate interactions with peers and adults	Instruction in fundamental social skills, such as empathy, relationship building, and conflict management
ASSESSMENT	- Universal Screening	Schools need universal data from all students to understand the strengths of instructional programming, as well as areas of need.	Collect objective information that can be used to guide instruction at multiple levels (e.g. school, grade, class, and individual student)
DATA BASED DECISION MAKING	Problem Solving Teams & Data Based Decision Making	School teams need to understand how to use universal assessment data to make systemic decisions about instruction	School teams are effectively organized to promote efficient databased decision making.



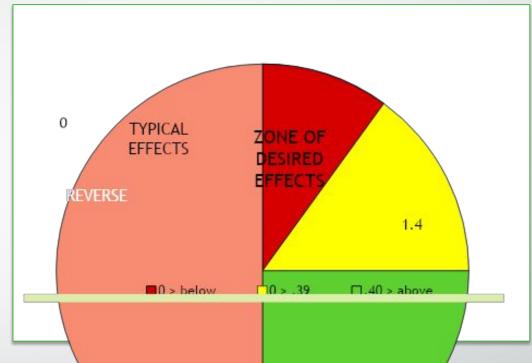
IMPROVED OUTCOMES FOR AT-RISK STUDENTS

- Years of BIMAS data reveal that students who demonstrate risk on any of the scales measured experience significant improvements.
- While improvement is statistically significant for all scales, students with internalizing concerns experience the most significant improvement.

Concept of Effect Size

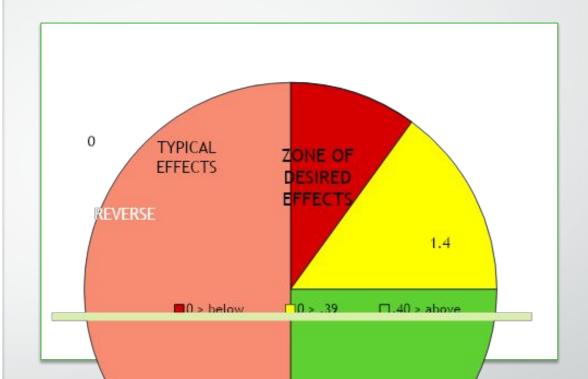
"The key to many of the influences above the d = 0.40 hinge-point is that they are deliberate interventions aimed at enhancing teaching and learning."

John Hattie <u>Visible Learning for Teachers</u>, p. 17



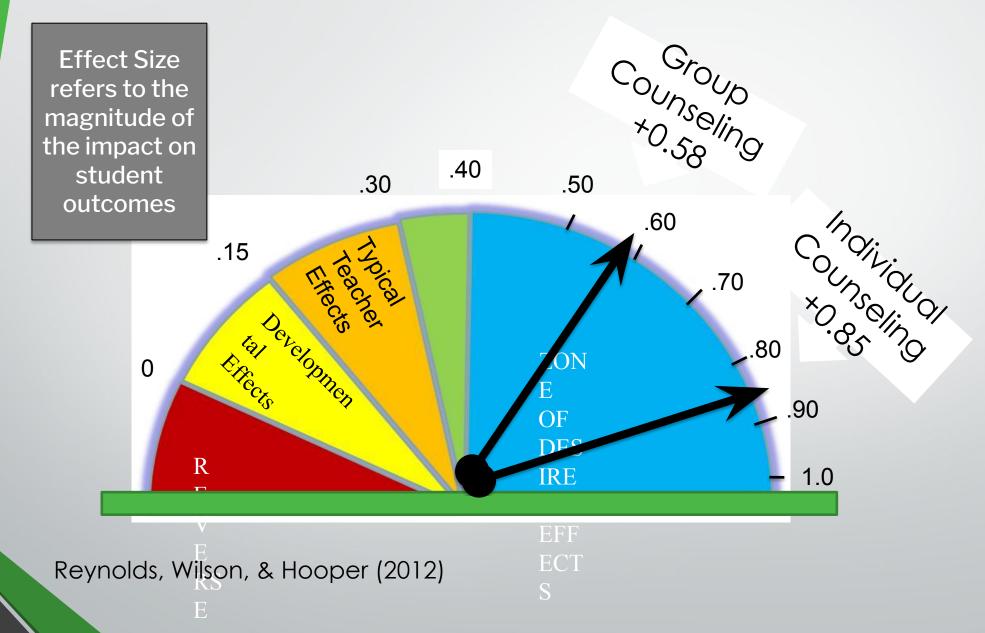
- Almost everything we do improves learning (about
- The average effect size of all Hattie's studies is 0.4.
- Working smarter based on the effect size that makes a profound difference
- Know the most positive impacts on student learning based on research
- Evidence from the students' growth should provide the impact/proof of the

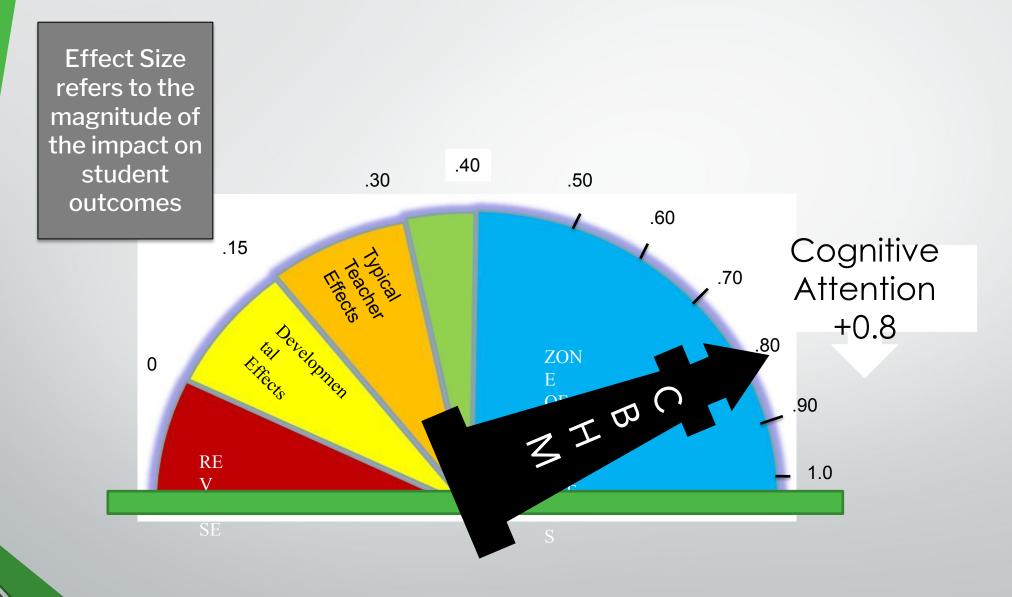
- 1.0 = 3 year gain
- >0.40 = student learning accelerates
- 0.40 = students are on track to learn a year's worth of academic material over the course of one school year
- 0.00 = no effect on student learning
- <0.00 = student learning is negatively effected

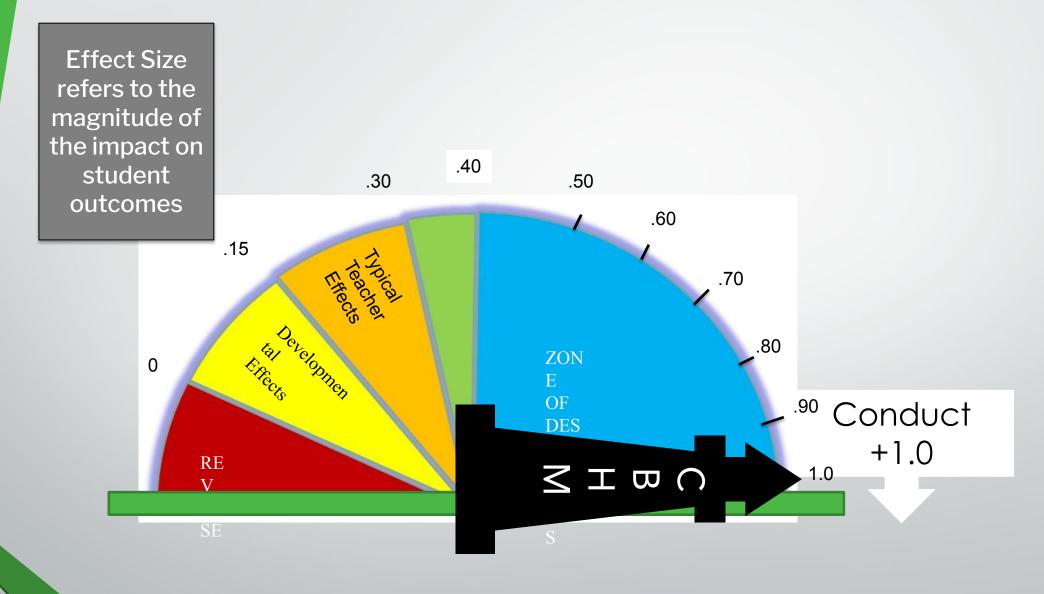


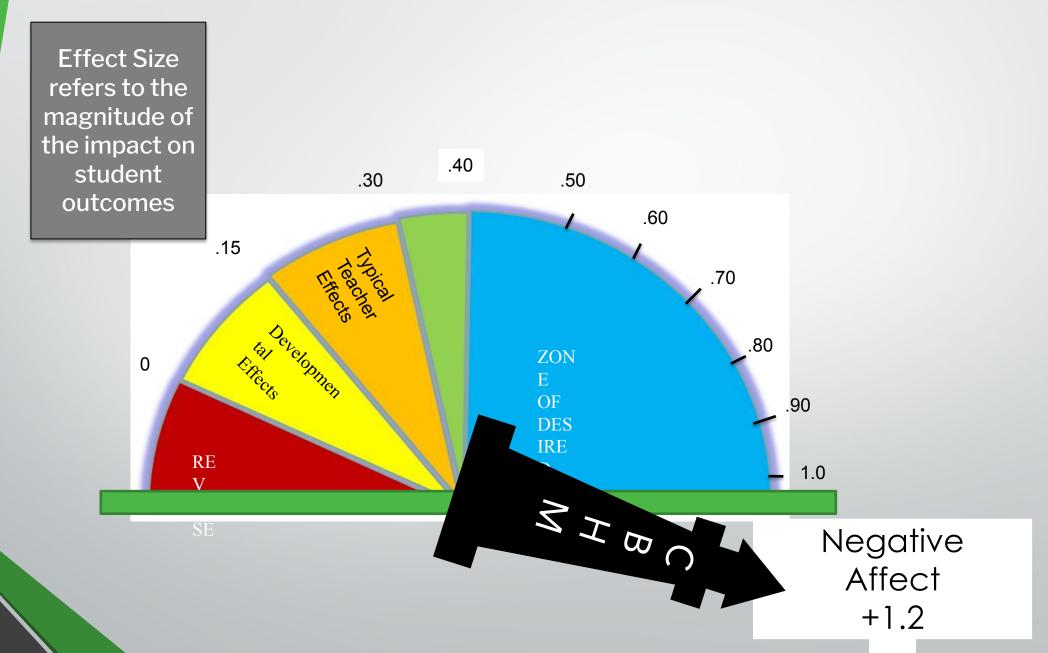
Use of Endors to discover the most positive impacts on student achievement

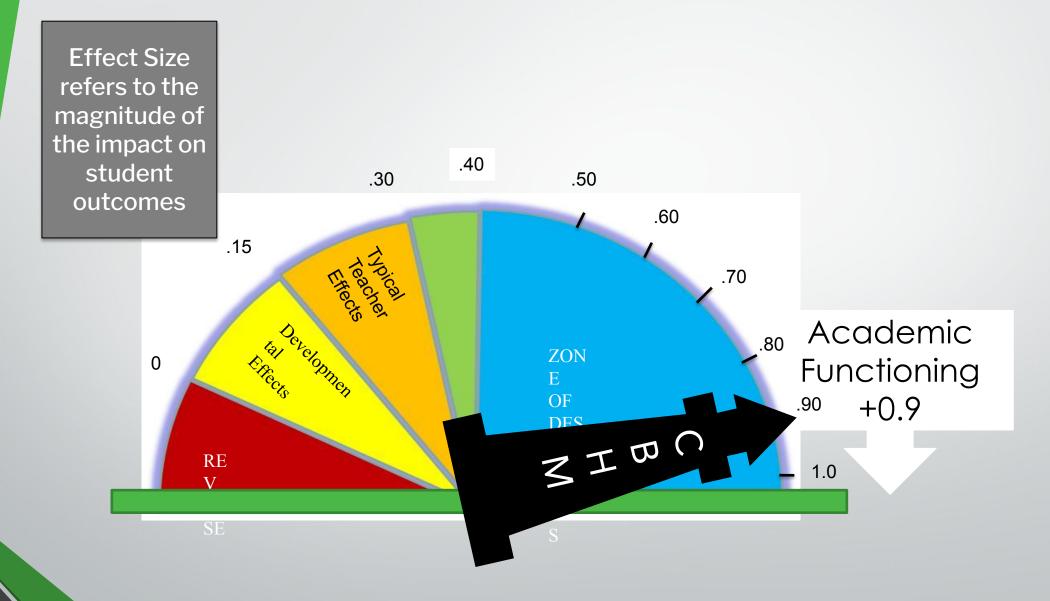
Effect Sizes: Behavioral Health

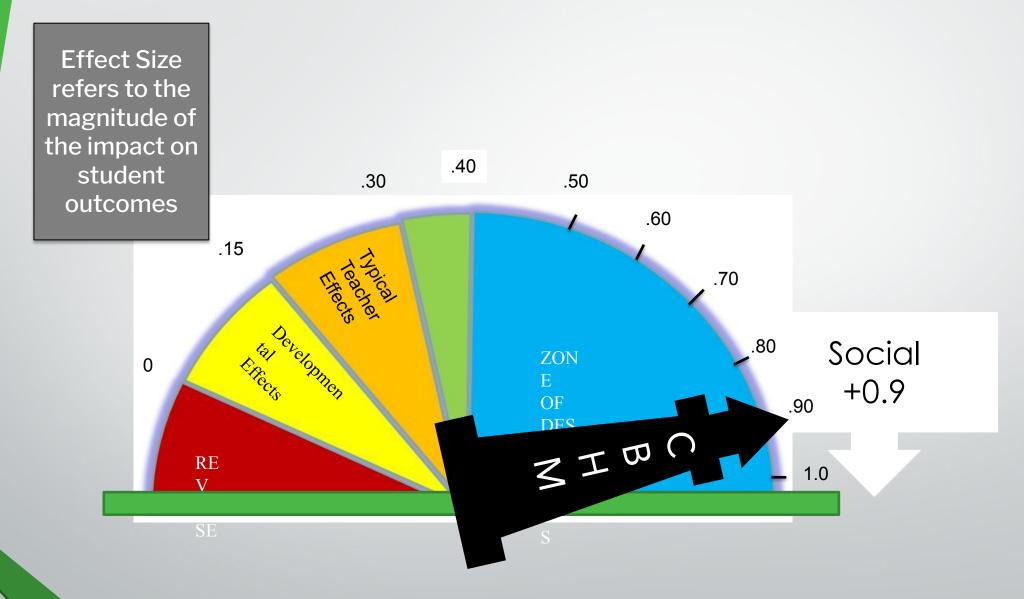












Accomplishments (over the past 3 years)

Improvements in Student Outcomes in CBHM Schools:

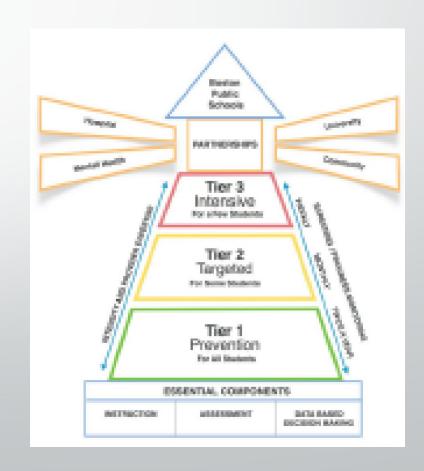
- Improvements in Student Outcomes in CBHM schools, including
 - Increases in positive behaviors
 - Increases in academic skills
 - Decreases in problem behaviors

National Recognition for Innovative Work:

- National Recognition for Innovative Work:
- CBHM was highlighted in new book
 Preventative Mental Health at Schools
 by Dr. Gayle Macklem
- State of Colorado Education Initiative was based on CBHM

Media Coverage

- Time Magazine
- Boston Neighborhood News
- Urban Update
- Phi Delta Kappan
- Highlighted in Preventative Mental
 Health in Schools by Galye Macklem



Yeah but that's Boston

- Do other districts get these results?
- District near me, 2nd year results



Elementary School: Total Results

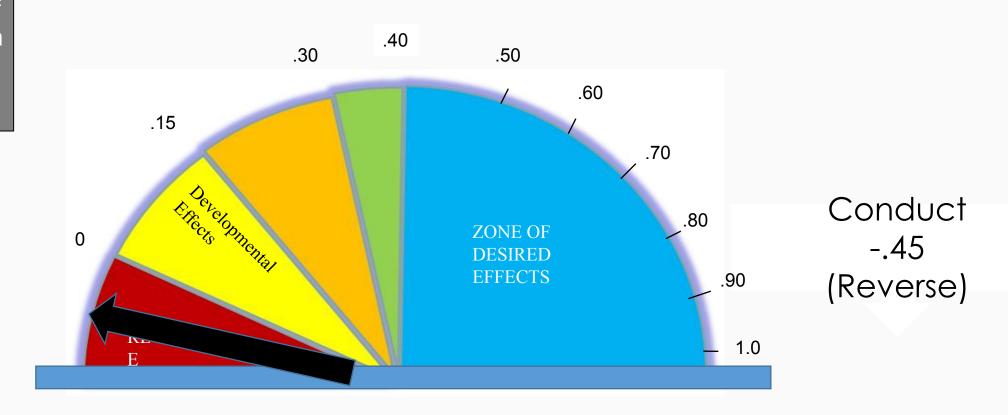
Scale *	Pre Mean (SD)	Post Mean (SD)	N	Mean Improvement	Effect Size (d)
Conduct	50.16 (7.0)	51.33 (9.38)	517	1.17	.15
Negative Affect	49.45 (9.11)	50.77 (10.30)	517	1.32	.14
Cognitive/Attention	51.99 (12.9)	52.44 (13.45)	517	0.45	.03
Scale *	Pre Mean (SD)	Post Mean (SD)	N	Mean Improvement	Effect Size (d)
Social	50.11 (11.77)	50.80 (12.21)	517	0.69	0.06
Academic Functioning	50.29 (11.25)	49.92 (10.93)	517	0.37	0.03

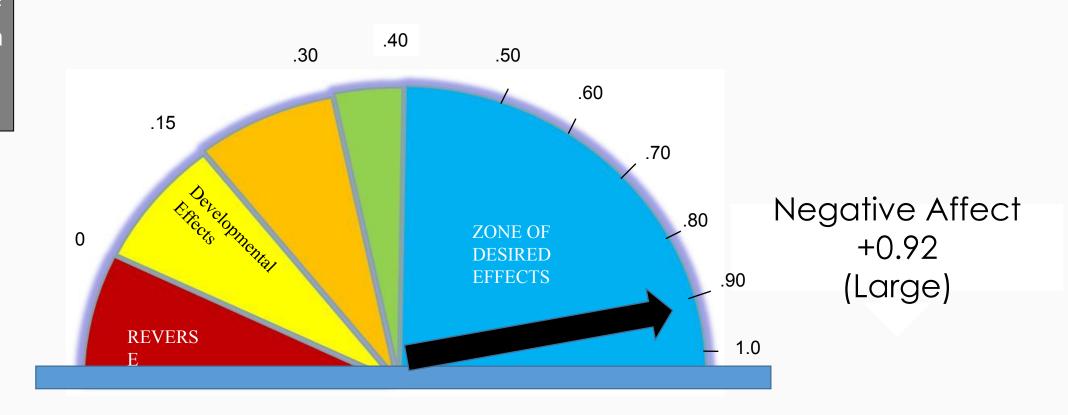
Little effect on school wide data: Students now analyzed by risk level- Some Risk, High Risk,

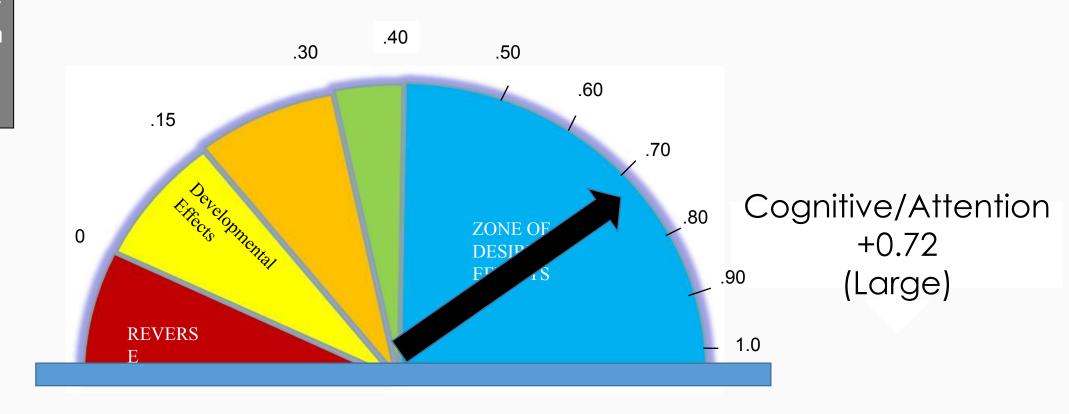
Change for students who were assessed as "Some Risk"

Scale *	Pre Mean (SD)	Post Mean (SD)	N	Mean Improvement	Effect Size (d)
Conduct	63.06 (2.39)	64.14 (10.18)	47	1.08	-0.45
Negative Affect	62.81 (2.45)	60.54 (10.20)	53	-2.27	0.92
Cognitive/Attention	64.54 (2.74)	62.56 (8.50)	85	1.98	0.72

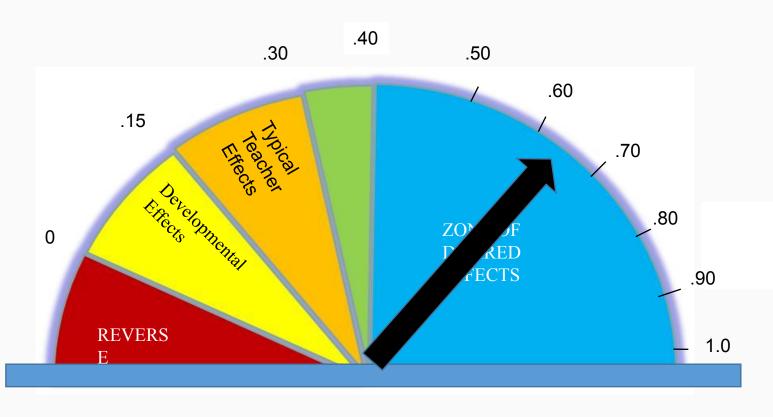
	Pre Mean	Post Mean	N	Mean Improvement	Effect Size (d)
Social	36.8	40.8	73	4.0	.7 Med high
Academic Functioning	37.1	39.54	42	3.4	.42 Medium



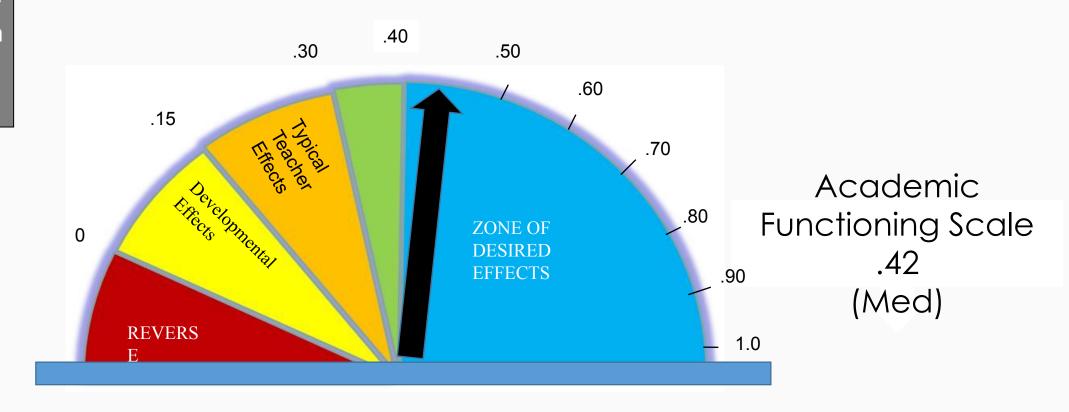




Effect Size refers to the magnitude of the impact on student outcomes



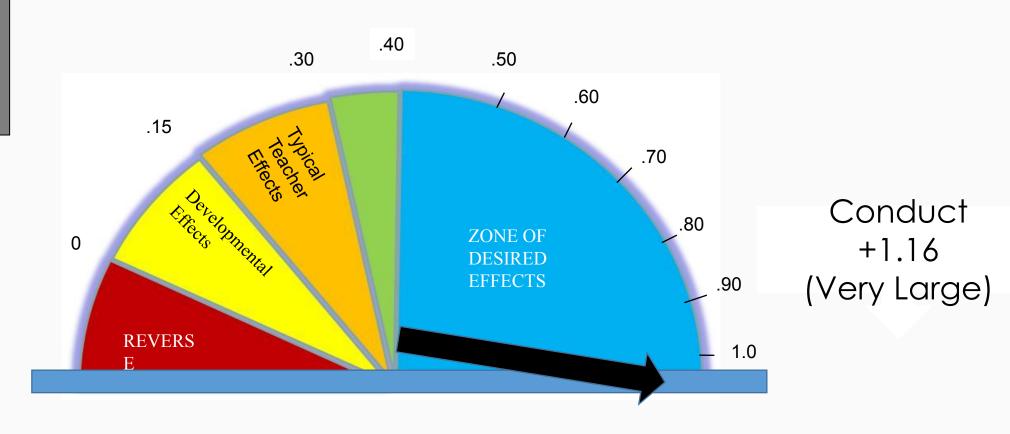
Social Scale .7 (Med high)



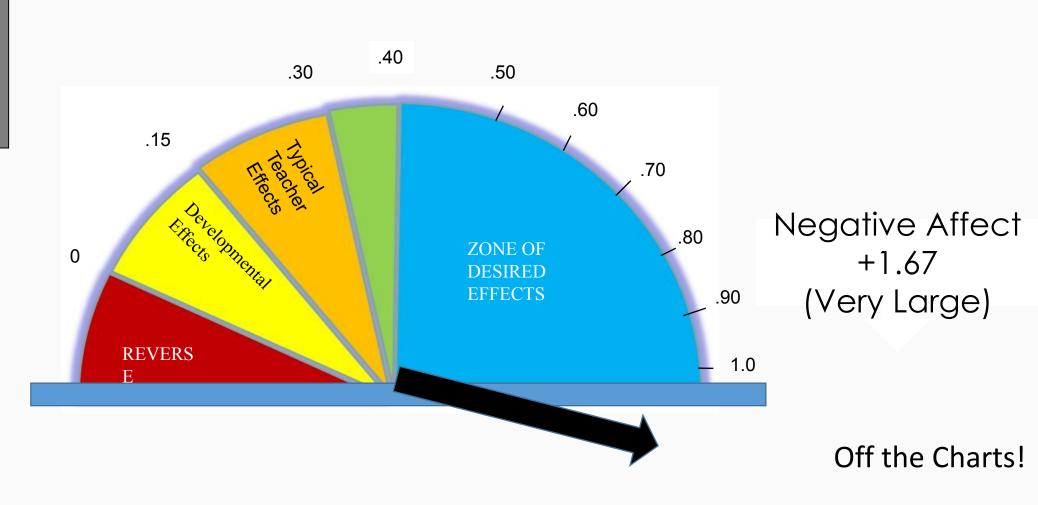
Change for students who were assessed as "High Risk" for behavioral scales or "Concern" for adaptive scales.

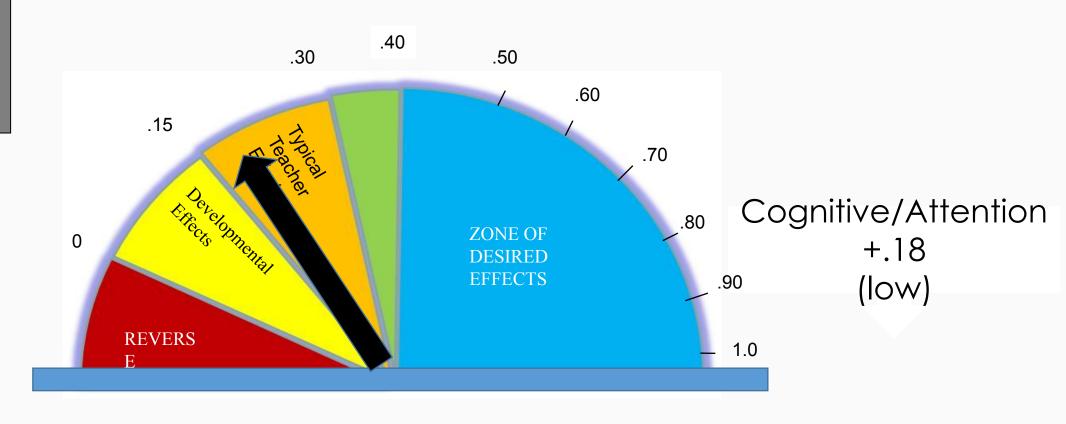
Scale *	Pre Mean (SD)	Post Mean (SD)	N	Mean Improvement	Effect Size (d)
Conduct	75.35 (3.37)	71.125 (6.95)	16	4.23	1.16 Very Large
Negative Affect	74.21 (3.32)	68.42 (9.23)	19	5.79	1.67 Very Large
Cognitive/Attention	73.98 (3.10)	73.43 (6.22)	58	0.55	.18 Medium Small
Social	24.27 (3.13)	28.77 (7.90)	22	4.5	.82 Large
Academic Functioning	24.53 (3.21)	29 (7.34)	30	4.47	.85 Large

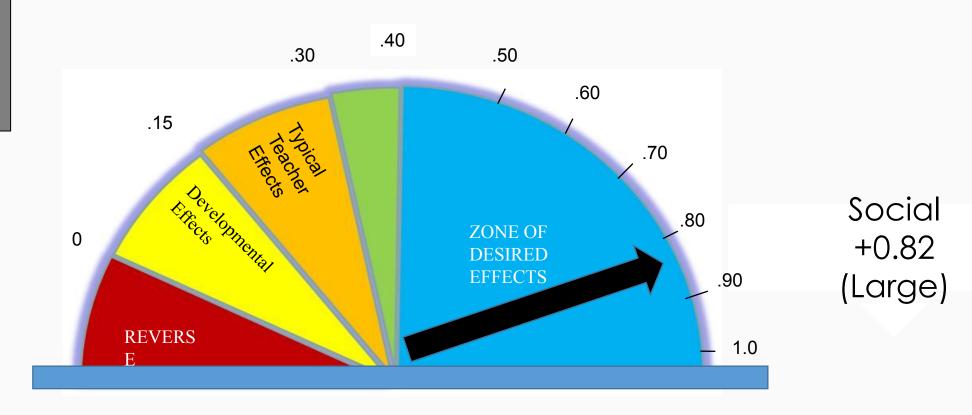
Effect Size refers to the magnitude of the impact on student outcomes



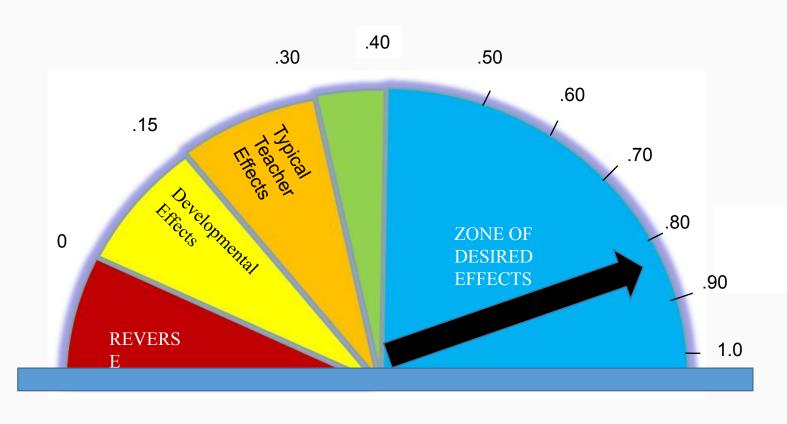
Off the Charts!







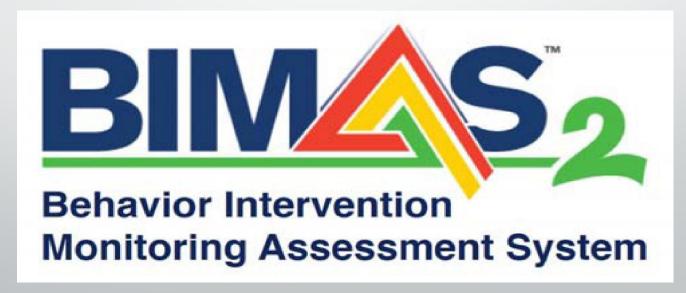
Effect Size refers to the magnitude of the impact on student outcomes



Academic Functioning +0.85 (Large)

Let's take a tour: the BIMAS-2

<u>https://trial.edumetrisis.com/</u>



Contact Information

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